## NORWEGIAN BRIDGE FEDERATION

These recommendations are based on the current regulations from the authorities: - A maximum of 50 people gathered at the same time (will probably be increased to 200 on June $15^{\text {(H) }}$ ).

- At least 1 meter distance between each participant.
- An official organiser/recorder to keep lists of participants (for contact tracing purposes in case anyone was infected).


## Preparations:

- Attempt to achieve staggered arrivals of participants.
- Pre-registration if possible.
- Prefer team-of-four events, or pairs events that go over several days and facing as few opponents as possible in each session. Contact the NBF for ideas.
- Bridge tables at least $142 \times 142 \mathrm{~cm}$ if possible (gives one meter distance between players).
- Full set of pre-duplicated boards (no player shall touch another player's cards).
- The boards and cards to be quarantined at least 1 week before and after play.
- Larger than normal distances between playing tables.
- No one with infection or signs of infection etc is allowed to play (we use the government's advice when writing this).


## During Play:

- Use "personal" bidding boxes throughout the even. Same quarantine rules as for boards and cards.
- No direct handling of Bridgemates - use either a stick/pen or disposable gloves.
- No serving of food/drink buffet-style.
- No unnecessary movement in the playing area.
- Disinfectant at every table.
- Regular cleaning of areas touched by people.

