



Rome 2016

Marek Małysa



WHAT WE ALREADY KNOW



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FINALLY The Polish Bridge Union in March 2014 started program „BRIDGE 60+“ creating bridge clubs all around the country with lessons for beginners and proffesionals.



QUESTIONS



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WHY ?

HOW ?

HOW TO FINANCE IT ?

HOW DOES IT WORK IN POLAND?



WHY?



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To join European Union initiative on Alzheimer disease what will open door to EU funds and sponsors.



HOW?



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NBO & Alzheimer Association should join forces and a chosen specialist from Bridge 60+ program will coordinate it.



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FINALLY next year we can apply to „III European Health Program“ to get their financial support. Cooperation with Universities and Alzheimer Association will help a lot. Money will be distributed between NBOs who will join our project.
By now we have declaration from 13 countries.





HOW DOES IT WORK IN POLAND?

Polish Bridge Union gave me authorization to all necessary activities within the program.



We received financial support from Ministry of Labour and Social Policy and one of insurance companies.



Ministry of Labour
and Social Policy



FUNDACJA

Bridge 60+ program has been presented to the Parliament in Warsaw.

We're running www.bridge60plus.eu web site and facebook fanpage.



Bridge 60+

ZGŁOSZENI UCZESTNICY

ZGŁOŚ SIĘ

KONTAKT

AKTUALNOŚCI

O PROGRAMIE

OPINIA SPECJALISTY

PROGRAM BRIDGE60+

WSPÓŁPRACUJĄ

PUBLIKACJE

LINKI



BRYDZ 60+

✓ Lubię to!

Lubisz to.

Ty i 166 innych osób lubicie obiekt BRYDZ 60+.



Wtyczka społecznościowa Facebooka

Z tygodnika sąsiedzkiego „Passa” – znowu o NOK

Strona: 7 z 15 Skala automatyczna

Ważne wydarzenia brydżowe

Zakończenie sześciu letnich mistrzostw Ursynowa i początek drugiej edycji programu Brydż 60+

W sobotę, 27 stycznia w NOK, burmistrz Robert Kempa suzerenem obywateli wrocławskiego podsumowanie ubiegłorocznych VI Mistrzostw Ursynowa o Puchar Burmistrza. W obecności ponad 140 osób wygłosił uroczyste przemówienie, ufundowane przez Urząd Dzielnicy puchary i nagrody rzeczowe.

Mistrz Ursynowa i zdobywca Pucharu został Krzysztof Kubiśkiński przed Adamem Szwedem i Sylwestrem Cielakiem. Najlepszą zawodniczką została (drugi raz z rzędu) uczestniczka międzynarodowa Irena Chodurówna, a najlepszymi wyponentami jest Roman Kramiec i Na zakończenie burmistrz zaprzeczył i Urzęd D.M. Mistrzostw.

Selekcja Brydża NOK, inspirowana przez Zarząd Polskiego Związku Brydża Sportowego i wojewodę (mistrzostwa i materiały przez Krajowego Koordynatora programu „Brydż 60+” od lutego będzie realizował II etap tego programu, a do jego realizacji zaangażowani urzędniczy brydżystów i wyświadczeni takticy jak m.in. Jan Chodurowski, Jarosław Polak czy Aleksandra Chodurówna. Program mistrzostw będzie w dwóch grupach:

Grupa I – początkujący – rozpoczyna się 6 marca i prowadzone będą w tygodnie pięciotygodniowe do końca maja: od godz. 15:00 przez Jura Chodurowskiego. UWAGA! – wszystkie zajęcia prowadzone będą w Sekcji Brydża NOK przy ul. Na Ubochu 30. Dla grupy II będą też zajęcia prowadzone przez wyszkoloną klanę specjalistów i trenerów Chodur.

Zapewniła nam przysługujące telefonizację lub drogą mailową pod: stowarzyszenie@polski-zwiazek-brydza.pl, 650 667 365.

Wypisane 20 zł przysługujące jest w Sekcji Brydża w kasy wstępu, czerwek i wstępu od godz. 15:00-20:00. W sprawie kasy otrzymamy podziękować do gry w brydża przysługujący przez Koordynatora Krajowego programu Marka Małysz.

Pięć minut wolnej, dwie godziny uciechy – Tuwim w Domu Sztuki

Komitetowy, ubarwiony piernikiem monodram „Tuwim... czyli pięć minut wolnej” w wykonaniu Beaty Polakowskiej, który nagrał się w krakowskim Teatrze Łech Ciemiel.

W miłośną niedzielę znowu na wystawie w Teatrze Zdzisławie w Domu Sztuki SMS „Jury”, trwa roczniejsze polski portajty. Na wystawie której koniec trwał blisko dwie. Dla

oczyma patrzy Gac, czyli widać Kuzmierz – młody wizerunek, a każdy dzień przysięga tuż, co ję a portaj (a może czegoś więcej...) i tuż przed przysięgą kłóć w międzywielim tym światku warszawskich kłamiw. Szczęśliwym zaskakującym Polakowskiej jako aktorki jest sugestywnie przynależnie śpiępowarunek, unikalnej atmosfery tamtego świata, czego, ja iśa oczekują (wzrostem polonisty a Orlonka na ciele.

W dniach od 30 stycznia do 2 lutego odbędzie się festyn poświęcony przedsiębiorcom zapraszającym do programu „Producent Lokalny”.

Opisuje przemianę artystycznych, regionalnych, wytworów przewidzianych do delegacji ogólnego w atrakcyjnych atrakcjach. Produkcji wspieranych lokalnych dostawców i innych udział w akcji artystów wyjątkowo.

E.Leclerc Ursynów zaprasza na festiwal regionalnych producentów. Dobrze bo nasze, lokalne – festyn producentów

W programie bieżącej udział gwarantuje małe i średnie firmy, funkcjonujące w oparciu o rodzime tradycje. Są to przede wszystkim z branży m.in.: miodu, garmańskich, nabiału, węd, browarów, piwowarów, przetwórców owoców i warzyw, a także innych.

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We placed information about the program in several media.



The screenshot shows a web browser displaying a video player on the Trojmiasto.tv website. The header features the Trojmiasto.tv logo and a search bar. Navigation links include Filmy, Programy cykliczne, Filmy czytelników, Wideoprezentacje, Twoje filmy, and a blue button labeled 'Dodaj film'. The breadcrumb trail reads 'Trojmiasto.TV » Rozrywka » Karciany jogging umysłu'. The video title is 'Karciany jogging umysłu'. The video frame shows an older man, Marek Małysa, in a room with a lamp. Below the video frame, the name 'Marek Małysa' is displayed in large blue text, followed by 'pomysłodawca programu Bridge 60+' in smaller blue text. The video player controls at the bottom show a play button, a volume icon, a progress bar at 00:27/02:12, and social media icons for Facebook, YouTube, and a share icon.

Trojmiasto.tv

szukaj w serwisie TV

Filmy Programy cykliczne Filmy czytelników Wideoprezentacje Twoje filmy Dodaj film

Trojmiasto.TV » Rozrywka » Karciany jogging umysłu

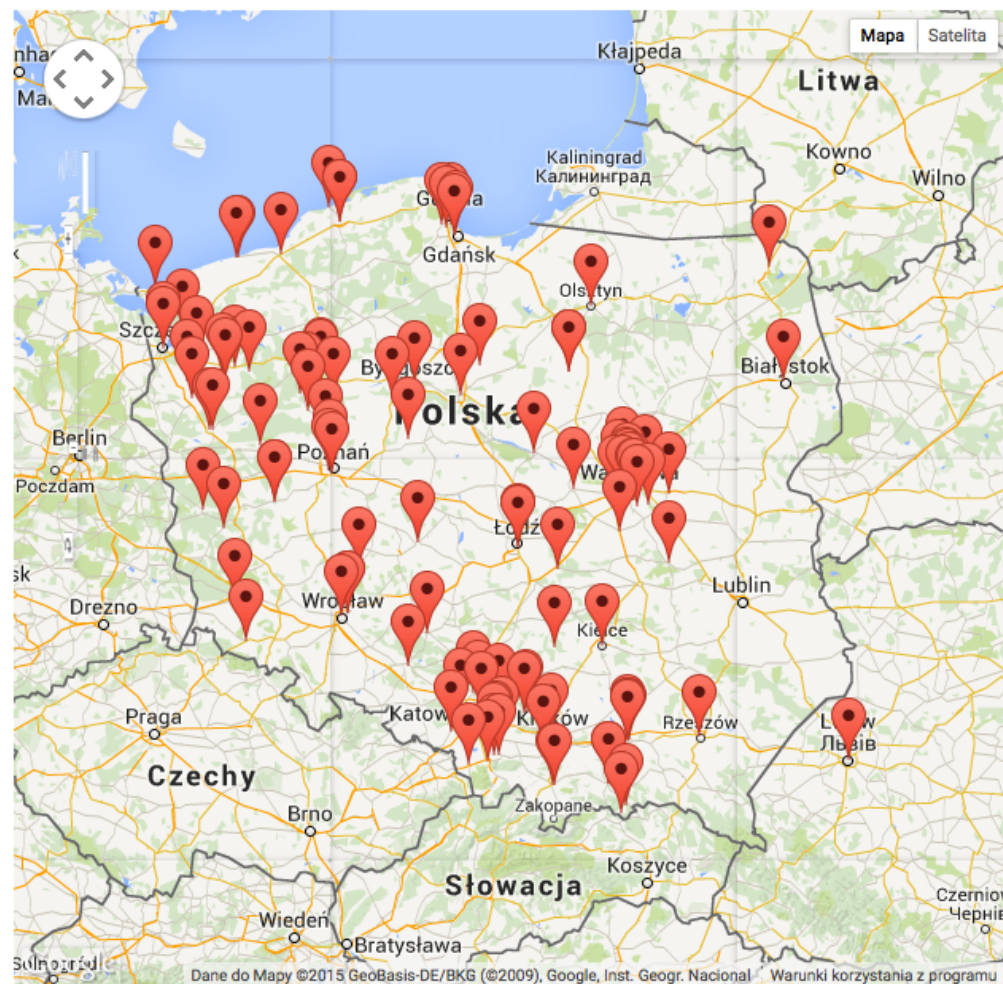
Karciany jogging umysłu

Marek Małysa
pomysłodawca programu Bridge 60+

00:27/02:12

Within two years almost 140 „clubs” joined our program!

Bridge 60+



All has been equipped with boxes, cards, bidding-boxes and leaflets.



SENIORS BRIDGE

Companion meetings and mind training
at the bridge table.

If you've never played bridge, we will teach you!
If you did, you'll find new bridge partners with us.

JOIN US!
HAVE A NICE TIME

www.bridge60plus.eu

HOW TO JOIN THE PROJECT ?

1. ATTACH TO THE PROJECT IN A CONVENIENT SPOT.
YOU WILL FIND THE ADDRESS AND CONTACT INFORMATION ON
WWW.BRIDGE60PLUS.EU
2. COME TO THE FIRST MEETING WHERE YOU WILL RECEIVE
BRIDGE BOOK SUITABLE FOR YOU.
3. TALK TO OUR INSTRUCTOR AND OTHER PARTICIPANTS.
THEY WILL SHARE THEIR EXPERIENCE WITH YOU.
INSTRUCTOR WILL EXPLAIN YOU RULES OF THE GAME
AND ANSWER ALL YOUR QUESTIONS
4. ENJOY THE GAME AND MEET NEW FRIENDS AT THE BRIDGE TABLE!

**JUST TRY TO GO AWAY
FROM HOME**

MEET NEW PEOPLE

**EVERY AGE IS PROPER
FOR A NEW HOBBY!**

NOTES:

THE NEAREST ADDRESS:

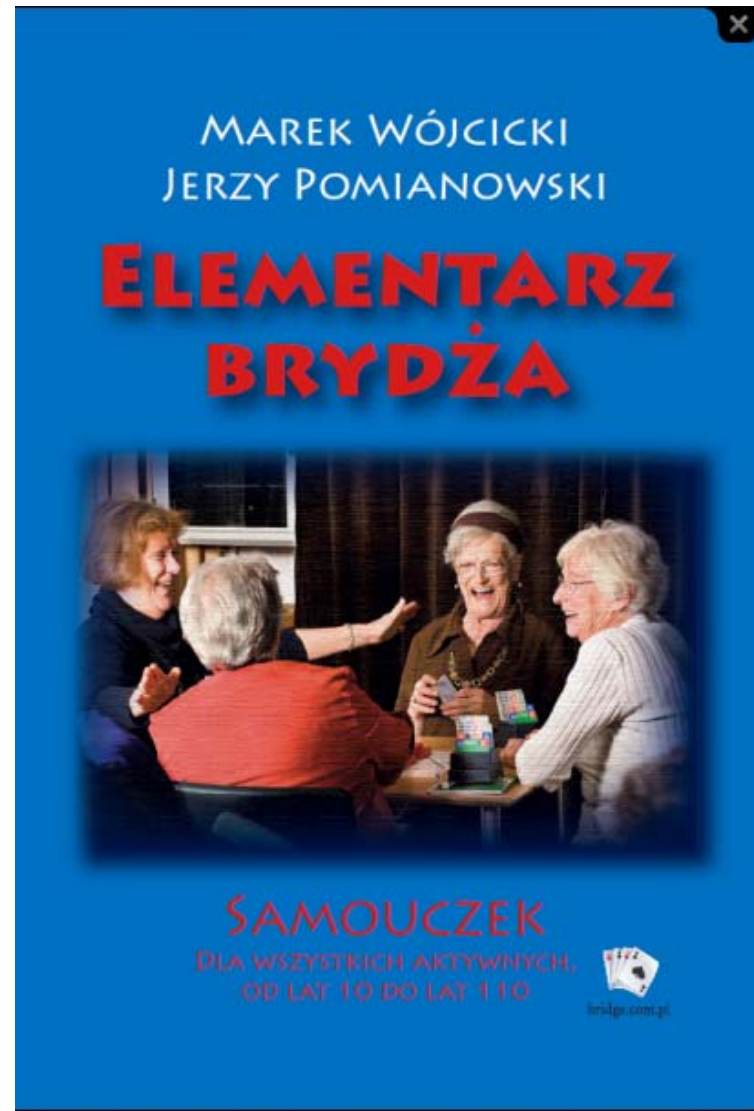


Partners:



www.bridge60plus.eu

“Elementary bridge book” was specially edited and distributed to all clubs and given for free to beginners.



All „teachers“ received brochure with instruction how to teach old people.

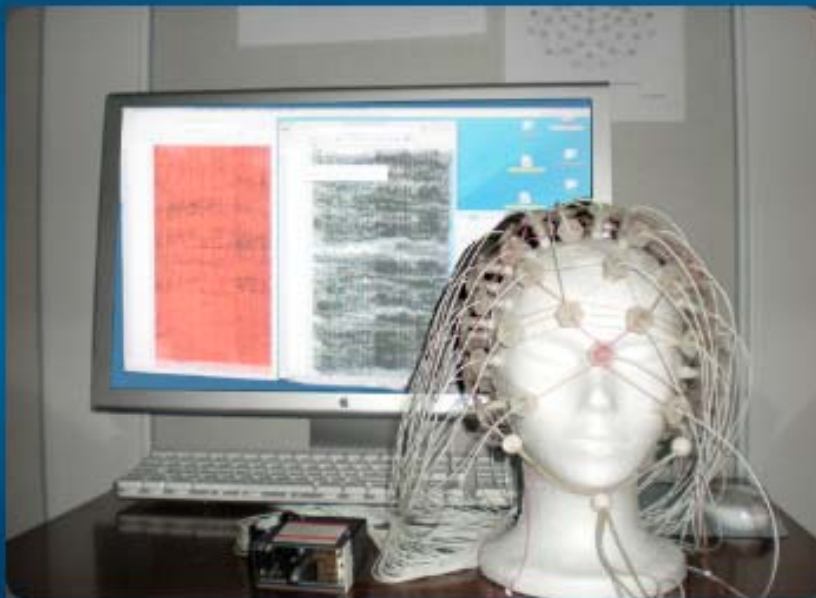
Most of the teachers received small money for their lessons.

Together with University Nicolaus Copernicus we did the first research checking results of the program. Later this University started official cooperation with PBU within their research program (various influences on brain from people activities).



Their „Neurocognitive Laboratory” employs psychologists, physicists, mathematicians and medical doctors.

Interdyscyplinarne Centrum Nowoczesnych Technologii Laboratorium NeuroKognitywne



Włodzisław Duch & Co

Katedra Informatyki Stosowanej, WFAiIS, UMK

<http://intl.bridge6oplus.eu/>



About Bridge60+

Scientific opinion

Cooperating with us

Publications

Promotional leaflet

Links

Bridge60+ International

Participating countries

Contact us

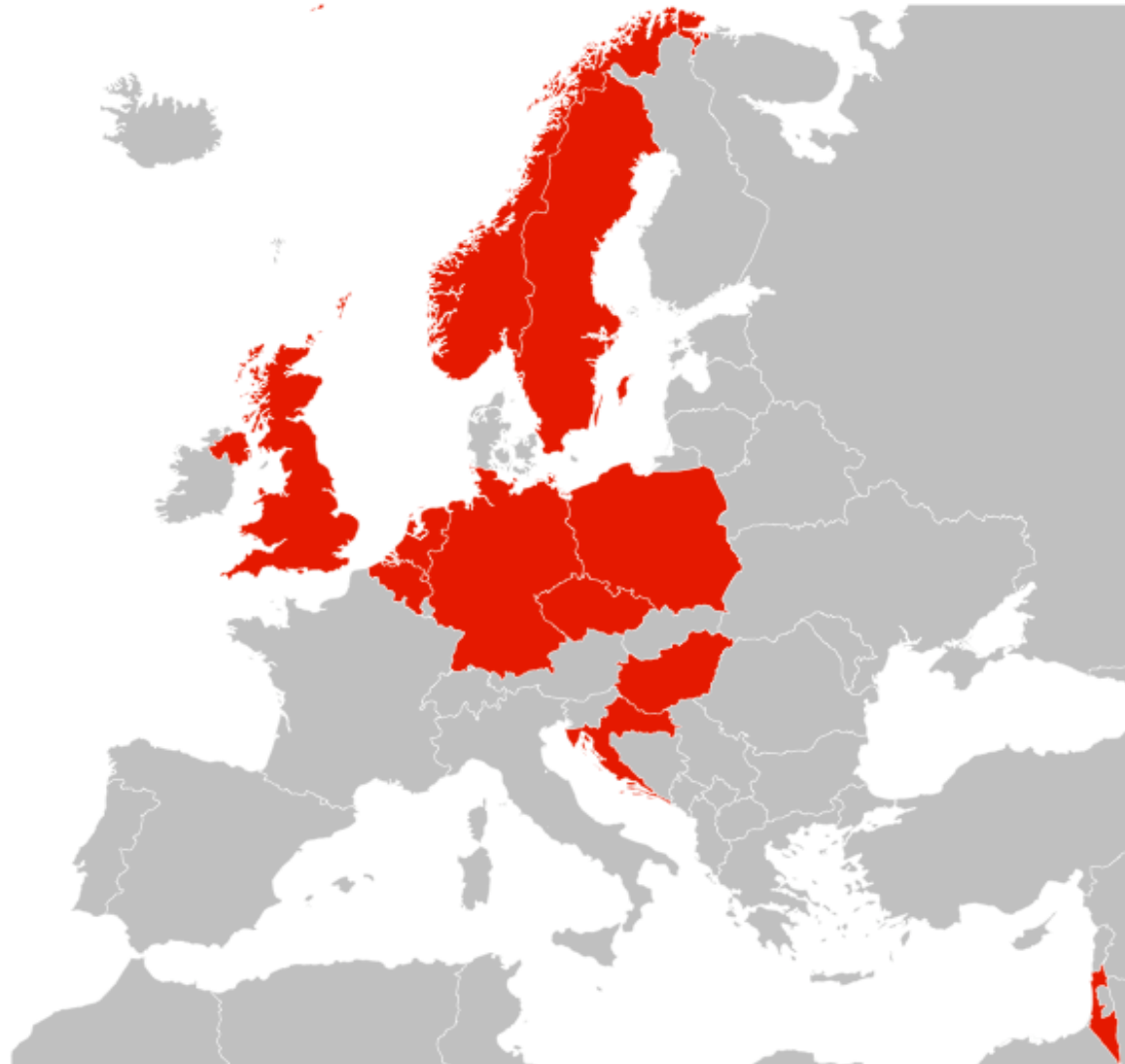
Join project

Materials

News

Bridge 60+

Click your country to display contact information.



WHO IS NEXT TO JOIN THE PROGRAM?



&

